

22 DAYS OF PRAYER FOR YOUR PTSD PARTNER

Day 1

Song:

Bible Verse:

“You who dwell in the shelter of the most High, who abide in the shade of the Almighty, say to the Lord, ‘My refuge and fortress, my God in whom I trust.’” Psalm 91:1 -2

Commentary:

Daily Prayer:

22 Days of Prayers for your PTSD partners:

“My refuge and fortress, my God in whom I trust,” living with PTSD is certainly hard on the person who experienced the trauma and is living with daily, sometimes moment to moment triggers. It is also hard on the family and friends who love the person and cannot understand their behaviors at times. Lord, today we pray for all those people who are impacted by PTSD, but we especially pray for those who are currently undiagnosed or those who have been diagnosed but are not receiving treatment. Lord, we pray for those family and friends who wish things could be different, who want to help, and are searching for answers. We pray that their eyes can be opened and that they can stand strong in supporting their loved one as they work to find the right treatment, while also finding the right support systems for themselves. We pray that everyone can walk in peace, trust, strength, and discipline with You. In Jesus Name, We Pray, Amen!

