

# 22 DAYS OF PRAYER FOR YOUR PTSD PARTNER

## Day 3

**Song:**

---

**Bible Verse:**

“But whoever obeys me dwells in security, in peace, without fear of harm.” Proverbs 1:33

**Commentary:**

---

---

---

---

---

---

**Daily Prayer:**

---

---

---

---

---

---

**22 Days of Prayer for your PTSD partner:**

Lord, at times it is hard to ask for help. We are not certain what direction to go, we fear being judged, are worried about the financial constraint on our family and sometimes we just do not want to do the work, but we know that when we obey you and reach out to ask for help we will find peace. Today, we pray for all those battling PTSD and their families who want to take the next step, who want to walk in peace, trust, strength, and discipline with you that they are able to pick up the phone to call a counselor, seek support through their local church, or at the very least phone a friend to seriously get started on their journey to healing. In Jesus Name, We Pray, Amen!

