

Learning to Be On Fire for Life

This week we are reflecting on everything that we have learned on our life's journey and are growing more and more on fire for life. As we continue moving forward with light and love it is important to stay active.

What better way to get active and be on fire for life than to go out and collect wood for a fire and build one. This may require some advance planning. If you do not have your own place to burn a fire, consider renting an area at a park or some other area where campfires are allowed.

Ideally, go on a walk in a heavily wooded area and collect twigs, branches, and a few logs to help you build your fire. In the event that doing this is not possible then consider a fire in a small fire pit or chiminea or just go for a long walk in a nature park stopping to listen and enjoy the sounds and sights of the birds, deer and other wild animals.

What did you do?

Where did you go?

Describe how you felt.
