

# Opening A Door

Last week we focused on the power of words and rewrote some of our traumatic or negative experiences to help us to propel forward with grace and beauty. This week we are continuing our journey forward into light and love. We are looking for and walking through the open door away from fear and anxiety into a world filled with hope where God calls us to look to Him for the open door.

“And I tell you, ask and you will receive; seek and you will find; knock and the door will be opened for you.” Luke 11: 9

What is it that you seek this week?

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What can you do in your life each day to remember to knock on God's door?

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Take some time to sit and visualize yourself knocking on heaven's door. What does it look like? What does it sound like? Who answers? What do they say? How do they greet you? Is there anyone else there?

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