

22 DAYS OF PRAYER FOR YOUR PTSD PARTNER

Day 10

Song:

Bible Verse:

“Cast all your worries upon Him because He cares for you” 1 Peter 5:7.

Commentary:

Daily Prayer:

22 Days of Prayer for your PTSD partner:

Lord, as we become more disciplined and trust that You are working for us behind the scenes, we find that we grow stronger and the load gets lighter allowing us to step into the peaceful life You have always intended for us. Today, Lord we want to say, “Thank you!” Thank you for the work You are doing in us. Thank you for helping us to find the people and tools we need to manage the load. Thank you for the days filled with smiles, even when worry creeps in and most especially thank you for the strength to wait on you. In Jesus Name We Pray, Amen.

