

Be Like a Child

This week we engaged with the world! We were explorers. We were inquisitive and curious. We opened our hearts and minds to all that God has planned for us. We reached to Him with open arms and allowed His light to shine through us. We became more like a child.

Activity for the Soul:

God calls us to be like children each day. He wants us to come to him, to ask for help, just like children go to their parents. He doesn't expect us to know the answers. In fact, he wants to help and guide us.

This week: find a quiet place- a chapel, church pew, a riverbank, on a park bench near a lake- anywhere where you can spend time "talking" to God. Talk to him as if you were talking with an old friend.

Catch Him up on what has been going on in your life.

Talk with Him about the joys in your life: _____

Talk with Him about the struggles in your life. _____

Talk with Him about what you are thankful for.

Then pray, "Lord thank you for making my heart like that of a child. Knowing that your warm embrace is always around me and that my rest is found in You. Thank you, Lord for accepting me into your kingdom." Then smile. See yourself giving God a big hug and looking up at him

saying “God I know that you have a very specific plan and very specific purpose for my life. Can you show me what it is that I am supposed to do today? Can you show me what I am supposed to do this week? This year?”

Then sit and listen. He may say nothing. It might be two words; it might be more than you imagined.

If he says “Rest, just rest.” Do it! He will be there when you come back. 😊

What do you hear?
