

# Be Like a Child

For the past couple of weeks, you have been learning more about who you are and learning how to ask for help. This week is all about your inner child. We are going to explore what it feels and looks like to be pure and innocent with little to no fear or anxiety, while learning how to wake up with a smile and joy in your heart, excited for the day.

*“And people were bringing their children to him that he might touch them, but the disciples rebuked them. When Jesus saw this he became indignant and said to them, “Let the children come to me; do not prevent them, for the kingdom of God belongs to such as these. Amen I say to you, whoever does not accept the kingdom of God like a child will not enter it. Then he embraced and blessed them, placing his hands on them”* Mark 10:13-16.

Consider the gospel verse above. How might having a clearer understanding of God’s will for us help you to wake up with a smile?

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How might having the heart of a child help us to navigate life? \_\_\_\_\_

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What does purity and innocence look like to you? \_\_\_\_\_

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What does it feel like to be accepted into God’s kingdom? \_\_\_\_\_

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How does it feel to know that you are accepted? \_\_\_\_\_

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