

Learning to Love

God calls us to love one another as we love ourselves, but there are times in our lives when that can be difficult. Either because we are struggling to love ourselves or because the hurt between us is so painful that we do not want to face one another. Today, consider asking God into your heart to show you where you can learn to love yourself and others

Mark 12: 30-31 reminds us of God's greatest commandments:

"You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: You shall love your neighbor as yourself. There is no other command greater than these."

How do you connect to this? _____

Is there someone in your life that you want to reconcile a relationship with? Yes or No

If so, who is it? (if you are not comfortable writing their name, then identify them generally i.e. friend, sister, neighbor, etc). _____

Ask God to show you how you might best reconcile this relationship (keep in mind He may tell you to leave it alone. 😊 And, if he does then talk to him about learning to accept His will).

Write a letter of love to the person (write out as much as you want – focusing on the loving parts of your relationship – prayerfully consider the person).

