

This week our focus is on the power of words. You have done some incredible work in rewriting traumatic or negative experiences into positive ones this week. You took a moment to SMILE and feel God's love around you! We are finishing the week concentrated on your beautiful soul.

## **Activity for the Soul**

Words can be just as powerful as actions, sometimes more. Ask God to help your heart be filled with only His words, so that when you speak, when you write, when you think He shines through you.

"Bless the words that stream from my mouth- from my pen - from my heart- from my soul, so that when people hear or read my words, they see You through me."

Take a moment to thank God for the work that He is doing in and through You. Then ask him

You are more than half-way through the 9-week series and have done incredible work.

what He wants you to know moving forward. Then rest.
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